

Kate Middleton & Prince William
The Royal Romance

The Courtship, the Wedding & the Shadow of Diana



Chatelaine

SLIMMING SECRETS

- * No-Gym Workout
- * The Sleep Diet
- * Smart Treats

Find Your Perfect Jeans

P. 118

ONE FAB IDEA

6 NEW LOOKS FOR ANY ROOM!

CHOCOLATE CUPCAKES that make you healthier

P. 140

Change Your Life in 30 Days

A Step-by-Step Guide to Finding Real Balance & Boosting Your Health

YOU CAN REACH YOUR GOALS!
IT WORKED FOR THESE WOMEN

Delicious Superfoods

Feeling Good Never Tasted So Great!



JANUARY 2011 | \$3.99

Blow them up.

Borrow an idea from designer Brian Gluckstein and turn your books into art. To create your own version of this stunning painting by artist Paul Béliveau, bring your favourite books to a printing house and have an oversized print made from their spines. It's an unusual way to pay tribute to the most treasured pieces in your library.

GET A SIMILAR LOOK
Painting, paulbeliveau.com.
Sisal rug, ikea.ca. Custom chairs, sofa, coffee table, glucksteindesign.com.
Bench, kreiss.com.

COZY CORNERS

Set your sofa back between two large bookshelves to create an inviting reading nook.



DISPLAY KNOW-HOW

Break up a solid wall of books by placing art, candles or photographs on some of the shelves.



Colour-code them.

Make a dramatic statement by colour-blocking covers when placing books on a shelf. Move from whites to yellows, greens, blues, purples, browns, blacks and greys. For maximum effect, group books by size within each colour.

GET A SIMILAR LOOK
Stockholm sofa, ikea.ca. Chandelier, chatelethome.com.
Seneca table, crateandbarrel.com.
Post and Rail dining chairs, urbanbarn.com.